TIME BLOCKING
TASK LIST

TASK	TIME (HR)	FREQUENCY	EST. TIME
		TOTAL	hrs/week

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TIME BLOCKING

WEEKLY PLAN AM

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN

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TIME BLOCKING

WEEKLY PLAN PM

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN

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